

Rumiko Cahill, PTA

Rumiko earned her Physical Therapist Assistant degree from Kapiolani Community College in 1989. She has worked in multiple settings during her career ranging from home health, outpatient orthopedic, acute inpatient, burn and skilled cares.

Education:

- Associate of Science, Physical Therapist Assistant, Jul 1989
Honolulu, HI

Experience

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| Physical Therapist Assistant Physical Rehabilitation Institute, San Antonio, TX | Mar 2010-Present |
| Physical Therapist Assistant Institute of Surgical Research Brooke Army Medical Center, Fort Sam Houston, TX | Apr 2004-Jan 2010 |
| Physical Therapist Assistant Warm Springs Rehabilitation System, CTS, San Antonio, TX | Jul 2002-May 2004 |
| Physical Therapist Assistant Health Managers of Texas Quantum Medical Management Southwest/Liberty Rehabilitation Specialists, Inc., San Antonio, TX | Jul 1993-Feb 2002 |
| Physical Therapist Assistant Baptist Medical Center, Heartland of San Antonio Signature Home Health, San Antonio, TX Tri-City Community Hospital Home Health Agency, Jourdanton, TX Rehabilitation and Restorative Service Associate, Elma, WA | May 1990-Jun 1993 |
| Clerical positions Civil service, multiple locations | 1979-1987 |

Community Service/Inservices

- 1994-Present Volunteer for Northeast San Antonio Cooperative for Older People, San Antonio, TX
- 2009 Trained participants in a burn seminar; trained nurses in patient care using positioning, positioning devices and compression materials, Brooke Army Medical Center, Fort Sam Houston, TX
- Apr 1989 Assisted the Hawaii APTA booth during Combined Sections meeting/conference, Honolulu, HI

Awards/Recognitions

- Feb 1992 Letter of Appreciation (from patient)
- Apr 1990 Letter of Appreciation (from patient)
- 1982 & 1986 Promoted to next higher civil service grade
- 1977 & 1980 Sustained Superior Performance Award (civil service)

Continuing Education Courses

- Mar 2010 Muscle Energy Techniques for Low Back Pain: A Hands-On Approach, St. Philip's College
- Nov 2009 Practical Treatment Strategies and Rehab Intervention in the Geriatric Setting, Kim Lewis, PT
- Aug 2008 Tai Chi for Balance, Fall Risk Reduction and Rehabilitation, Brian Tuesca, PT
- Sep 2007 Pilates Rehabilitation for the Healthcare Professional, Staci Cost, PT, OCS, MTC
- Oct 2006 Applied Hand Therapy Techniques, L. Paquette, MAEd, OTR, CHT, LM
- Mar 2006 Pilates on the Ball, International Weightlifting Association