

Lynda Guerra

Professional Licensed Massage Therapist

Lynda has been a Licensed Massage Therapist for over 17 years. She has been working at Physical Rehabilitation Institute since it's inception. Lynda specializes in Medical, Therapeutic, Myofascial Release, Pregnancy, Deep or Soft Tissue, Lymphatic, Sports and Swedish Massages.

Education

- European Massage Therapy Institute, 1995
- Thomas Jefferson High, 1991

Experience

Physical Therapy Technician Physical Rehabilitation Institute, San Antonio, TX	2000-Present
Physical Therapy Technician Diagnostic Clinic, San Antonio, TX	1994-2000
Massage Therapist Olmos Park Therapeutic Massage, San Antonio, TX	1994-1996

Continuing Education Courses

- Postural Analysis I – Upper Body
- Postural Analysis II – Lower body
- Shiatsu Meridian Muscle
- Lymphatic Drainage

Instructors

Rosario Garza
Mari Paz Gomez Karen
Zaharatos M. Ed., LMT, ACR.

Community Service

- Pacific Health Fair, Summer 1996
- Diamond Shamrock Health Fair, 1994