

Derk Harrington PT, MPT, CMT, OCS

Physical Therapist

For the past 13 years, Derk has focused his professional development in orthopaedic settings and has pursued advanced training in manual/ manipulative techniques. He has also earned his Orthopaedic Certification through our National organization, the American Physical Therapy Association. He strongly believes patient education is critical in returning his patients to a healthier, active lifestyle and for improving their quality of life.

Education

- Masters of Physical Therapy, 1998
University of Texas Medical Branch at Galveston
Outstanding Research Award
- Bachelor of Science in Health Care Sciences, 1996
University of Texas Medical Branch at Galveston
- Bachelor of Arts, 1991
Baylor University
Dean's List

Experience

Physical Therapist Physical Rehabilitation Institute, Stone Oak Office, San Antonio, TX	2011-Present
Outpatient Therapy Manager, Nix Healthcare-Downtown, San Antonio, TX	2010-2011
Clinical Coordinator, Orthopedic Physical Therapy, San Antonio, TX	2002-2010
Physical Therapist, Memorial-Hermann Sports Medicine, Houston, TX	1998-2001

Continuing Education Courses

- Manual Therapy Institute: Manual Therapy Certification 2004
- Foundations in Orthopedic Manual Physical Therapy
- Evaluation and Treatment of the Lumbar Spine
- Evaluation and Treatment of the Cervical Spine
- Evaluation and Treatment of the Thoracic Spine
- Evaluation and Treatment of the Extremities
- Evaluation and Treatment of Adverse Neural Tissue Tension
- Integrated Treatment Concepts
- Introduction to Joint Manipulation
- Exercise Therapy
- Advanced Lumbar Spine
- Advanced Cervical Spine
- Advanced Extremities
- Ankle-Foot Disorders, Diagnoses, and Treatment

- Functional Core Stability: Evidence-based Assessment and Treatment of Lumbopelvic Pain Caused by Inadequacies of Core Stability
- The Lumbar Spine and Pelvis: An evidence-based manual therapy rational and treatment approach
- 38th Annual UTHSCSA Symposium on Sports Medicine
- Intensive Training on Myofascial Trigger Point and Proprioceptive Therapy
- Applied Techniques of Manual Therapy- Comprehensive Treatment of the Shoulder
- Spinal Instability- Whole Spine Stabilization
- Evidence-based Examination and Selected Interventions for Patients with Cervical Spine Disorders
- CranioSacral Therapy
- Biodex Clinical Rehabilitation Seminar
- Spanish for Medical Personnel

Instructors

Mark Casillas, M.D.

Jerome Benavides, M.D.

Stanley Paris, P.T, Ph.D.

John C. Childs, P.T., PhD, MBA, O.C.S., FAAOMPT

Jeff Garbacz, DPT, CIMT

Gavin E. Hamer, PT, Dip. MT.

Richard Finn, PTS, CA, MCTPT, MCMT

Pieter Kroon, PT, OCS, FAAOMPT

Tim Kruchowsky, PT, OCS, FAAOMPT

Community Service

- Habitat for Humanity
- Service Project volunteer for Guadalupe River State Park
- Clinical Instructor for Physical Therapy students from UTHSC of San Antonio and the Army-Baylor Program at Fort Sam Houston